

How do I judge effectively?

Key Vocabulary	Volleyball
Control	The ability to handle or manipulate the ball effectively during passes, sets, and hits, ensuring it goes where you intend.
Ready	The athletic position and mental state a player maintains to react quickly to the ball.
Speed	How fast the ball moves or how quickly a player can react, move, or execute a skill during play.
Direction	The intended path or angle in which a player sends the ball, whether passing, serving, or hitting.
Space	Open areas on the court that players can target or move into to gain advantage, such as gaps in the opponent's defence.
Ball flight	The path the ball takes through the air.
Accuracy	The precision with which a player performs a skill, hitting the ball exactly where it is intended to go.

Steps to Success in Volleyball

To react quickly to a travelling ball

To move feet quickly to get into good positions

To be confident to play different shots

To play shots appropriate to the situation

To play shots accurately

To compete against knowing when to attack and when to defend

